

BOOK LOOK

LADY OF THE MANNERS



Etiquette is more than knowing which fork to use. "It's the GPS for navigating life," shares expert and founder of Beverly Hills Manners **Lisa Gaché**, whose first book, *24 Karat Etiquette* (\$23, Skyhorse Publishing), addresses surviving the shark-infested waters of the entertainment business. Dispensing serious advice along with a dose of humor, the tome covers matters concerning

everything from regifting to the red carpet. But even Gaché—reared in both Beverly Hills and in New York, married to an entertainment lawyer and in possession of firsthand knowledge—fesses up to imperfections. "I didn't grow up with this information," she reveals. "I didn't write my first thank-you until I got married." In fact, it was the birth of her children that sparked Gaché's interest in etiquette and led to the launch of her enterprise, which educates clients in the ways of good conduct. When asked to divulge her most important piece of advice, the quick-to-respond Gaché, who honed her expertise at The Protocol of Washington, minds her manners: "I always come back to people acknowledging one another and taking the time to smile or just say a simple 'thank you.' If that changed, the world would be a better place." That's the polite way of putting it, of course. —*Abigail Stone*



TRACK STAR A rendering of Doug Aitken's kinetic light sculpture turned studio

CULTURE FLASH

Ticket to Ride

"Art usually exists in galleries and museums, and musicians have to play the same venues over and over. This is a new experiment," promises artist Doug Aitken of his collaborative cultural project **Station to Station**, which will roll into downtown L.A.'s Union Station on Sept. 26 after stopping at designated depots across the country. Equal parts curator and ringleader, station agent Aitken has enlisted artists, musicians, writers and chefs to participate in his sensory-rich take on the traveling circus. On the surface, the Levi's-sponsored spectacle appears to be a mobile museum, but really, notes Aitken, it is "a way for artists to stretch creatively." Each event is site-specific, with the train also serving as Aitken's studio and doubling as a kinetic light sculpture. Look for installations from Urs Fischer, Liz Glynn, Carsten Höller and Ernesto Neto, along with works from other artists and plenty of musical presentations—among the acts scheduled to perform at various locations are Charlotte Gainsbourg, Eleanor Friedberger and David Longstreth of Dirty Projectors. Tickets \$25, Los Angeles Union Station, 800 N. Alameda St., L.A., stationtostation.com —*Sarah St. Lifer*

DISH

Grand Standings Among the slew of new restaurants to join the big time—literally, with both size and sustenance—is **Nikita** (22716 Pacific Coast Highway, Malibu, 310.456.3274, nikitarestaurants.com). The mod new Mediterranean spot along Carbon Beach serves up a seasonal menu and ocean views from three patio perches. On the opposite end of the spectrum is downtown debutante **The Stocking Frame** (911 S. Hill St., L.A., 213.488.0373, thestockingframe.com). The former textiles warehouse sports brick walls, soaring ceilings and an eclectic mix of woods. With the funky-cool vibe come simple cocktails, craft brews and wood-fired fare. And because reusing old buildings for new wow-inducing dining rooms is the hallmark of downtown, the new **Terroni** (802 S. Spring St., 323.954.0300, terrioni.com) opened its glorious doors in a former 1924 bank. Expect the Beverly Boulevard original, only with a serious Italian-inspired upgrade: Two floors, a marble and leather-topped bar for late-night cocktails, high-arched windows, and rooms for private functions and weekend brunch are just the tip of the Campari-soaked ice cube. —*Lesley Balla*

